

Athlete Information: Last Name

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First Name

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Previous Team, if applicable:

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- 8/U SWIMMERS ARE EXPECTED TO SWIM 25 METERS OR (1) LAP**
- 9/10 SWIMMERS ARE EXPECTED TO SWIM 50 METERS OR (2) LAPS**
- 11/12 SWIMMERS ARE EXPECTED TO SWIM 50 METERS OR (2) LAPS**
- 13/14 SWIMMERS ARE EXPECTED TO SWIM 100 METERS OR (4) LAPS**
- 15+ SWIMMERS ARE EXPECTED TO SWIM 100 METERS OR (4) LAPS**

IN ADDITION TO FREESTYLE, MY SWIMMER WOULD LIKE TO SWIM: (PLEASE CHECK 2 STROKES)

BREASTSTROKE (PREVIOUS BEST TIME _____)

BACKSTROKE (PREVIOUS BEST TIME _____)

BUTTERFLY (PREVIOUS BEST TIME _____)

IM (PREVIOUS BEST TIME _____)

***IF INCLUDING PREVIOUS TIMES, OFFICIAL TIMES MUST BE ATTACHED TO THIS SHEET, AS PROVIDED BY YOUR PREVIOUS TEAM. "UNOFFICIAL" TIMES CANNOT BE USED.**

PLEASE NOTE THAT MCY'S POOL IS A METER POOL.

IF YOU DO NOT SELECT STROKES FOR YOUR SWIMMER OR RETURN THIS PAGE OF THE FORM, STROKES WILL BE SELECTED FOR YOUR SWIMMER.

WE WILL NOT BE ABLE TO HONOR REQUESTS TO CHANGE STROKES SELECTED THE DAY OF TRY-OUTS SO PLEASE SELECT APPROPRIATELY.

Please **CIRCLE** which Try-Out Date you will be attending.

Saturday, August 20th –

- 8:30 am check-in
- 9:00 am warm-up
- 9:30 am start

Wednesday, August 31st –

- 4:00 pm check-in
- 4:30 pm warm-up
- 5:00 pm start

FORM & PAYMENT Deadline: August 10th for the August 20th TRYOUT DATE
August 16th for the August 22nd TRYOUT DATE

FORMS MAY BE MAILED OR RETURNED IN PERSON TO: MORRIS CENTER YMCA SWIM TEAM 79 HORSEHILL RD, CEDAR KNOLLS, NJ 07927 PLEASE NOTE THAT ALL SWIMMERS ARE ATTENDING TRY-OUTS WITH THE HOPE OF SECURING A PLACE ON OUR DOLPHINS SWIM TEAM. YOU MAY NOT TRY-OUT FOR DOLPHIN CLUB; SWIMMERS ARE PLACED IN THESE PROGRAMS PENDING TRY-OUT EVALUATIONS!