

## Meet the Trainer: Chris Martinez

*You may recognize Chris from the front desk, but did you know that Chris brings to the Y many years of Basketball experience?*

- *Marist H.S. Freshman All American.*
- *2-Time All County*
- *Street & Smith Honorable Mention All American*
- *4-Year College Basketball Player*
- *Former High School & Grammar School Coach*



*Chris Martinez former College All –Star*



Morris Center YMCA

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Email: [www.morriscenterymca.org](http://www.morriscenterymca.org)

## One-on-One Basketball Skill Training

## Morris Center YMCA



**WITH CHRIS**



*Sign-up Today for a  
Winning Season!*

Want to be better  
than the  
competition?

*Then try our One-on-  
One Basketball Skill  
Training at the **Y** with  
Chris Martinez!*

Learn the  
Fundamentals!

- Shooting
- Dribbling
- Footwork
- Defensive &  
Offensive Moves

Be Ready for the  
New Season!

Be Quick, Be  
Sharp, and  
Rise Ahead of the  
Competition!

**Ages 11 to 22**

**Cost:**  
**Individual: \$50**  
**per hour**  
**Group: \$75 per**  
**hour**  
**(Group up to 3)**

**Contact the Y for  
Registration and  
Appointments.**  
**973-**

